

# Chaliye Kailash Shivalaya ke Saath Parikrama Karwate Pakadke Haath

A Divine Pilgrimage to Mount Kailash & Lake Mansarovar

Shivalaya Tours and Travels P. Ltd, faithfully promises to pursue its work with highest integrity, utter compassion and care for its travel agents and consumers, professionally leaving no stone unturned to assure the client's expectation. Combining extensive experience and knowledge of its varied destinations with flexibility in creating custom itineraries, it offers high-quality yet affordable travel. To plan a Pilgrimage tour, trek, dream vacation or honeymoon, please email us at [sales@shivalayatours.com](mailto:sales@shivalayatours.com)



North Face



East Face



West Face



South Face



### Who can undertake the journey

Any persons with strong lungs and sound heart and who is not suffering from high blood pressure can undertake the journey to Holy Kailash and Mansarovar. One should be able to bear hardships, difficulties and in clemencies of weather.

### Altitude Sickness

Altitude Sickness – also known as acute mountain sickness (AMS) - is a pathological effect of high altitude on humans. It is caused by reduced air pressure and lower oxygen levels at high altitudes. Advisable to read more on this topic.

### Visas and Documentation

You must be in possession of a valid passport for at least 6 months from your date of travel. We will obtain your visa for Tibet and will require a scan copy of your passport (Front and Back page) and one passport size photographs while making your reservation. Your passports should reach us not later than 15 days prior to your departure.

### Accommodation

Accommodation in all the places of Tibet would be basic amenities with dormitory facility. While camping we shall be providing all tents, mattresses, sleeping bags and camping equipment required for the trip, except for personal clothing. No laundry services will be available throughout the trip. No Single or Twin Sharing rooms in Tibet.

### Food and Beverage

We will be providing vegetarian breakfast, lunch and dinner cooked by our Sherpas at campsite. You will be required to bring sufficient supplementary food like chocolates, biscuits, nuts, pickles and your favorite tinned products to add variety to the meals.

### Responsibility

All arrangements within Tibet are solely at the discretion of the China Tibet Tourism Bureau (CTTB), a government Organization and we have no control over the quality of the vehicles facilities. Shivalaya Tours and Travels Pvt. holds authority to change itineraries without prior notice, under unavoidable circumstances (weather, road, permit issues, etc.) for your aid.

### Clothing

We recommend that you bring along the following clothing's and accessories with you:

1. Down Jacket - one ( Available on Rent )
2. Warm thick pullover - One
3. Warm thin pullover - One
4. Warm pants - Two
5. Light loose cotton pants - Two
6. Warm windproof jacket - One
7. Cotton full sleeve T-Shirts - Four
8. Thermal under pants | long - Two
9. Thermal vest | warm full T-Shirts - Two
10. Rain coat with hood | Poncho
11. Light sport shoes.
12. Warm woolen socks-Six
13. Large cotton or silk scarf-One
14. Warm gloves.
15. Soft paper tissue and handkerchiefs .
16. Monkey cap
17. Towels (one big, one small)
18. Washing kit.



## Accessories

1. Toilet kit
2. Flash Light with extra batteries (3 Set)
3. Sun Glasses, Monkey Cap, Woolen Gloves
4. Water purification tablets.
5. Walking stick- Water bottles- unbreakable (Min 2 liters capacity) can be purchased in Kathmandu

## You will be provided

- Down Jacket
- Duffel Bag and Back pack.
- Toilet Tents | Shower tents
- Guide, Cook, Helpers
- Yaks to carry kitchen and camping equipment during the Parikrama; not your personal belongings.
- Oxygen cylinder with Masks in Vehicle

## Oxygen

Oxygen cylinder with mask will be provided during the parikrama. Please note that oxygen is to be used only in case of emergency.

## Briefing and Orientation

There will be a briefing of the program on the day of your arrival in Kathmandu. It is extremely important for all clients' to assure their presence in the session.

## Insurance

We recommend that you insure yourself against sickness, EMERGENCY RESCUE, accidental hospitalization, etc... Apart from services mentioned in the package, we cannot guarantee for any damages or extra expenses that may arise from mishaps and the loss of the personal belongings during the pilgrimage.

## Communication

One can get Chinese sim card at Taklakot and communicate throughout the trip. However, the sim is limited for sending messages and receiving calls from abroad only. Wifi available in few places.



# Kailash Mansarovar Via Kyirong

13 Days

## ITINERARY:

Day 1 : Kathmandu.

Day 2 : Kathmandu

Day 3 : Kathmandu | Syaprobesei

Day 4 : Syaprobesei | Rasuwagadi | Kyirong

Day 5 : Saga

Day 6 : Saga | Mansarovar

Day 7 : Mansarovar | Darchen

Day 8 : Darchen | Dirapuk

Day 9 : Dirapuk | Zuthulpuk

Day 10 : Zuthulpuk | Darchen | Saga

Day 11 : Saga | Kyirong | Syaprobesei

Day 12 : Syaprobesei | Kathmandu

Day 13 : Departing Kathmandu

## TOUR FEATURES

### Rates include:

- All necessary Tibet entry permission and Kailash permission | Visa for the Group.
- Chinese Visa fee.
- Airport transfers in Kathmandu.
- Overland transfers as per itinerary.
- 3 nights stay at 3 star property in Kathmandu
- Half day sightseeing tour (Pashupatinath and Sakteepeeth) in Kathmandu.
- 2 night stay at Dhunche or Syaprobesei nearby border.
- 5 nights stay at Hotels | Guest houses in Tibet.
- 2 nights stay at mud house in Dirapuk and Zuthulpuk.
- All vegetarian meals.
- Complimentary duffle bag and day pack.
- Down Jacket on return basis.
- All camping equipment (dinning tent, kitchen tent, kitchen utensils, table, chairs, toilet tent etc.
- A supporting truck for carrying your luggage, food stuffs and kitchen equipment.



- Entrance fees.
- Tibetan guide from China Tibet Tourism Board. (CTTB)
- Yak and yak man for trekking equipment; but not for carrying personal luggage.
- Oxygen cylinders for the group.
- All applicable taxes and service charges.

### Rates do not include:

- Airfare.
- Any additional expenses caused by reasons beyond our control, such as, natural calamities (landslides, floods), flight delays, rescheduling or cancellation, any accidents, medical evacuations, riots, strikes, evacuation costs, additional nights; that should be directly payable at the spot.
- Any expenses of personal nature such as tips, laundry, table drinks, telephone calls, etc.
- Pony | Porter for personal use during Kailas Parikrama.
- Travel Insurance.
- Any item not mentioned above.

## REMARKS

- Tour Itinerary may change based on Weather, Health Conditions of Yatris and restrictions imposed by Chinese Authorities. Shivalaya Tours will however make all efforts to maintain the tour schedule and complete all the important aspects of the yatra.







# Kailash Mansarovar by Helicopter

## 10 Days

### ITINERARY:

- Day 1 :** Arrive Kathmandu.
- Day2 :** Kathmandu | Nepalgunj.
- Day3 :** Nepalgunj | Simikot (2870m) | Taklakot (3900m)
- Day 4 :** Taklakot. (3900 m)
- Day 5 :** Taklakot | Mansarovar (4500m)
- Day 6 :** Mansarovar | Darchen (4560m) | Sershung | Dirapuk (4765m)
- Day 7 :** Dirapuk | Zuthulpuk (4690m, 22km).
- Day 8 :** Zuthulpuk | Darchen | Purang | Hilsa
- Day 9 :** Hilsa | Simikot | Nepalgunj | Kathmandu
- Day 10 :** Departing Kathmandu

### TOUR FEATURES

#### Rates include:

- All necessary Tibet entry permission and Kailas permission | Visa for the Group.
- Chinese Visa fee.
- Airport transfers in Kathmandu and Nepalgunj.
- Kathmandu | Nepalgunj | Simikot | Nepalgunj | Kathmandu by fixed wing aircraft.
- Simikot | Hilsa | Simikot by Chartered Chopper.
- 2 nights stay at Kathmandu at 4 star properties.
- Half day sightseeing tour in Kathmandu by air conditioned coach.
- 1 night stay at Hotel Cygnett Krishna in Nepalgunj.
- 1 night stay at Hilsa.
- Upper Humla Permit fee.
- Overland transfer in Tibet by luxury coach.
- A supporting truck for carrying kitchen equipment and food stuffs.
- 5 nights stay at Guest houses/Mud houses in Tibet.
- All vegetarian meals.
- Complimentary duffle bag and day pack.
- Down Jacket on return basis.
- All camping equipments (dinning tent, kitchen tent, kitchen utensils, table, chairs, toilet tent etc.
- A supporting truck for carrying your luggage, food stuffs and kitchen equipments.
- Entrance fees.



- Tibetan guide from China Tibet Tourism Board. (CTTB)
- Oxygen cylinders for the group.
- All applicable taxes and service charges.

#### Rates do not include:

- Any additional expenses caused by reasons beyond our control, such as, bad weather, natural calamities (landslides, floods), flight delays, additional nights, rescheduling or cancellation, any accidents, medical evacuations, riots, strikes, evacuation costs etc, and that should be directly payable at the spot.
- International Airfare.
- Any expenses of personal nature such as tips, laundry, table drinks, telephone calls, etc.
- Pony | Porter for personal use during Kailash Parikrama.
- Travel Insurance.
- Any item not mentioned above.

### REMARKS

- Tour Itinerary may change based on Weather, Health Conditions of Yatris and restrictions imposed by Chinese Authorities. Shivalaya Tours will however make all efforts to maintain the tour schedule and complete all the important aspects of the yatra.



## Terms and Conditions for Kailash Mansarovar Yatra

### Booking Procedure:

The amount of Rs. 25, 000 per person- Nonrefundable, along with completely filled up form and passport copy (minimum of 6 months validity) from the date of travel; should be submitted at the time your reservation. A confirmation will be send within 24 hrs. The balance payment should be paid 30 days prior to the commencement of the tour.

Following Documents are required :

- Original Passport at least 15 days prior to the departure for visa application.
- Medical certificate attested by Doctor certifying that passenger is fit to travel above altitude of 15000 feet.

- Medical Insurance (The cost incurred is not included in the tour cost)

### CANCELLATION POLICY

You, or any member of your party, may cancel their travel arrangements at any time. Under cancellation, written notification or an e-mail to that effect from the person who made the booking must be received at our offices. The applicable cancellation charges are as per the published cancellation policy below.

Cancellation charges per person

- Prior to 15 days : 30 percent of tour cost
- Prior to 10 days of departure date : 50 percent of tour cost
- Prior to 7 days of departure : 100 percent.





#### Head Office :

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